

CURRICULUM VITAE

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I. CLINICS AND HOSPITAL AFFILIATIONS:

- Obstetrics and Gynecology Department, Cardinal Santos Medical Center San Juan City, Metro Manila
- Center for Advanced Reproductive Medicine and Infertility and the Department of Obstetrics and Gynecology, St. Luke's Medical Center - Global City, Taguig, Manila
- Central Luzon Doctors' Hospital, Hospital Drive -Tarlac City
- Tarlac Provincial Hospital, Hospital Drive Tarlac City

II. PRESENT PROFESSIONAL POSITIONS:

• <u>Deputy Chief</u>, Center for Advanced Reproductive Medicine and Infertility, St. Luke's Medical Center, 2010-present

Assisted in establishment of the flagship center from its inception.

Contributed know-how in training of personnel, work flow implementation and development of protocols and practice guidelines that are followed to this day.

Periodic check of equipment, cash flow management of the Center and assessment of its nursing, andrology and medical technician personnel.

Receive quarterly updates on reproductive medicine and reproductive technologies from foreign conventions and conferences to keep the Center up-to-date and maintain its position above the world average in terms of clinical and laboratory outcomes.

• <u>Interns' Training Officer</u>, Department of Obstetrics and Gynecology, Cardinal Santos Medical Center 2003 – present

As training officer, maintain the program set forth by the APMC and the Philippine Board of Medicine for the minimum requirements needed for a rotating internship before being administered the board exam. This position is directly under the Department of Medical Education, hence the office serves as a liaison with the Department of Obstetrics and Gynecology in order for the interns to satisfy the requirements set forth by the APMC through their clinical rotation.

Formulate lectures, clinical rounds and examination questions for the interns to satisfy both the Ob-Gyne department's clinical requirements and the Interns' Comprehensive Examinations at the end of their year-long training.

Serve as liaison between the intern and the Hospital for any concerns the intern may have.

• <u>Executive Committee Member</u>, Cardinal Santos Medical Center, Obstetrics and Gynecology Department, 2005 – present

Formulation of clinical practice guidelines and department requirements for clinical practice, steering the department to align with the vision and mission of the Hospital.

Improve the residency training program by finding ways to increase social service load and improve patient services.

• <u>Department of Medical Education Member</u>, Cardinal Santos Medical Center, 2003 – present

Implement the requirements set forth by the APMC and the Philippine Board of Medicine on clinical interns.

Formulate ways to satisfy these requirements.

• <u>Residents' Training Committee Member</u>, Department of Obstetrics and Gynecology, Tarlac Provincial Hospital, 2006 - present

III. PROFESSIONAL EXPERIENCE:

- <u>Member of the Board of Trustees</u>, Philippine Society of Reproductive Endocrinology and Infertility, 2011-2012 and 2019-2021
- <u>Section Chief</u>, Section of Reproductive Endocrinology and Infertility, Central Luzon Doctors' Hospital, 2008 to 2011
- Section Chief, Cardinal Santos Medical Center, Gynecologic Endoscopy Section,
- 2007 2009
- <u>Section Chief</u>, Cardinal Santos Medical Center, Reproductive Endocrinology and Infertility Section, 2003-2006; 2009-2010; 2019-present
- *Division Head*, Cardinal Santos Medical Center, Menopause Clinic 2019-2022
- <u>Division Head</u>, Cardinal Santos Medical Center, Women's Comprehensive Care Unit Menopause Division, 2008 2010
- *Fellow*, Philippine Society for Gynecologic Endoscopy, 2011
- *Fellow*, Philippine Society of Reproductive Endocrinology and Infertility: 2001
- Member, Philippine Society of Climacteric Medicine, 2001
- *Fellow*, Philippine Obstetrical and Gynecological Society: 2000
- *Diplomate*, Philippine Board of Obstetrics and Gynecology: 1998
- *Chief Resident*, Obstetrics and Gynecology Department, Cardinal Santos
- Medical Center, 1996

IV. PROFESSIONAL MEMBERSHIP AFFILIATIONS

- American Society for Reproductive Medicine (ASRM)
- European Society for Human Reproduction and Embryology (ESHRE)
- Asia Pacific Initiative for Reproduction (Aspire)
- Philippine Medical Association (PMA)
- Quezon City Medical Society
- Philippine Obstetrical and Gynecological Society (POGS)
- Philippine Society for Climacteric Medicine (PSCM)
- Philippines Society of Gynecologic Endoscopy (PSGE)
- Philippine Society of Reproductive Endocrinology and Infertility, now known as Philippine Society for Reproductive Medicine (PSRM)
- University of the Philippines- Philippine General Hospital Obstetrics-Gynecology Alumni Association
- Cardinal Santos Medical Center Alumni Association
- University of the East Ramon Magsaysay Memorial Medical Center Alumni
- University of the Philippines Alumni Association

IV. EXPERIENCE IN SPECIALTY ORGANIZATIONS:

- Proctor, Philippine Society for Gynecologic Endoscopy, Post-Graduate Courses 2016-2019
- Organizer, Scientific Committee Member, PENTAMED Annual Convention 2015-2016
- Organizer, PSRM Midyear and Annual Conventions 2013 and 2019-2021
- <u>Continuing Medical Education Head</u>, PSRM Monthly Outreach Program and CME weekly Webinars 2019-2021
- <u>Chair</u>, Scientific Program Committee, Joint PSREI Central Luzon-POGS Mid-year Convention 2012
- <u>Organizer</u>, PSREI Midyear Convention on The 2010 WHO Semen Analysis and Investigation of the Infertile Male and Semenology Workshop with Dr. Daniel Franken of Tygerberg University, South Africa, 2010
- Chair-Organizing Committee, PENTAMED Annual Post-Graduate Course, 2001, 2010.
- <u>Member</u>, Technical Working Group, PCOS Consensus Statements Formulation for the PSREI, 2010
- <u>Co-Chair</u>, Philippine Obstetrical and Gynecological Society Annual Convention Organizing Committee / Sub-committee on Sports, 2005 to 2009

- <u>Member</u>, Technical Working Group, Endometriosis Consensus Statements Formulation for the PSREI, 2009 and 2016 *and* Clinical Practice Guidelines Formulation for Reproductive Medicine 2015 and 2021
- <u>Member</u>, Philippine Society of Reproductive Endocrinology and Infertility Annual Convention Organizing Committee, 2005-present
- <u>Co-Chair</u>, Philippine Obstetrical and Gynecology Society Diamond Jubilee Task Force, 2006
- *Chair*, PENTAMED, Ways and Means, 2005
- Chair, PENTAMED, Physical Arrangements, 2006
- Chair PENTAMED, Exhibits, 2005

V. EDUCATIONAL BACKGROUND:

PHILIPPINE MEDICAL BOARD EXAMINATION: 1991

SPECIALTY TRAINING:

Residency Training Program: Obstetrics and Gynecology at Cardinal Santos Medical Center 1992-1995

SUBSPECIALTY TRAINING:

Fellowship in Reproductive Endocrinology and Infertility, as a the first scholar of the Philippine Obstetrical and Gynecological Society, 1998-1999

Joint Gynecologic Endoscopy Course, University of the Philippines-Philippine General Hospital / National University Hospital-National University of Singapore / University of New South Wales, Australia, 1999

Gynecologic Endoscopy Course And Assisted Reproductive Technologies, Department of Obstetrics and Gynecology, National University Hospital, National University of Singapore, July 2000

CONTINUING MEDICAL EDUCATION:

- Conventions of the:
 - Philippine Obstetrical and Gynecological Society, annually since 1991
 - Philippine Society of Reproductive Endocrinology and Infertility, since 1995
 - American Society for Reproductive Medicine, since 2001
 - Philippine Society of Climacteric Medicine, annually since 2000
 - International Federation of Fertility Societies, since 2001
 - Philippine Society of Gynecologic Endoscopy, annually since 2005
 - European Society for Human Reproduction and Embryology, annually since 2012
- Postgraduate Courses and seminars of foreign societies dedicated to infertility and reproductive endocrinology and reproductive medicine
- Postgraduate Courses of the different medical associations and affiliations
- Speaker and lecturer in various fora of the societies and associations listed above annually, up to present
- Certificate of Proficiency, International Federation of Obstetrics and Gynecology (FIGO)sponsored, Advances in Labor and Risk Management (AL.A.R.M.) International Programs, November 2007
- Advanced Gynecologic Endoscopy Course: Laparo-Endoscopic Single Site Surgery, Philippine General Hospital, July 2011
- Laparo-Endoscopic Single Site Surgery (LESS Surgery), Olympus University, Medical Systems Group, Center Valley, Pennsylvania, August 22-25, 2011
- Preceptorship in Clinical Management of Male Infertility, Weill Cornell Medical Center-New York Presbyterian Hospital Observership Program, March 26-April 16, 2012

- Proctorship Proficiency Workshop, Philippine Society for Gynecologic Endoscopy, March 15, 2012
- Optimising the IVF Protocol and the Use of Experimental and Adjunctive Therapies.
 Special Interest Group Reproductive Endocrinology, ESHRE Post-Graduate Course,
 Istanbul, Turkey, July 1, 2012
- Laparoscopic Suturing in the Vertical Zone. ASRM 45th Post-Graduate Program, San Diego, California, October 21, 2012
- Ovarian Tissue Cryopreservation for Premature Ovarian Insufficiency and Onco-Fertility, St. Marianna University, Kawasaki, Tokyo, Japan, August 22-26, 2015
- Pre-implantation Genetic Diagnosis Workshop, Peking Third University, Beijing, PROC, Oct 11-13, 2017
- Asia and Oceania Federation of Obstetrics and Gynaecology and Philippine Obstetrical and Gynecological Society Congress: Strengthening the Road to Women's Health... "Reaching New Heights", November 10-14, 2019
- Controversies in Obstetrics, Gynecology and Infertility Annual Convention, Paris, France, November 21-23, 2019
- Harvard Medical School Distance Education Certificate Course, Nutrition and 2030
 Sustainable Development Goals, July 29, 2020
- Principles of Hysteroscopic Myomectomy and Outpatient Hysteroscopy: The Life Expert Centre Methodology – Covid-19 Proof! Philippine Society for Gynecologic Endoscopy, September 23, 2020
- The 10th Congress of the Asia Pacific Initiative on Reproduction, A Virtual Convention, April 30 to May 2 and May 8 to May 9, 2021
- Controversies in Obstetrics, Gynecology and Infertility Annual Convention, Berlin, Germany, December 2-4, 2021
- PSRM Technical Peer Review Short Course, March 20-21 and 27-28, 2021
- Harvard Medical School Distance Education Certificate Course, Lifestyle Medicine: Nutrition and the Metabolic Syndrome, November 9, 2021

POSTGRADUATE

- Medical School: University of the East Ramon Magsaysay Memorial Medical Center, 1986-1990
- Rotating Internship: East Avenue Medical Center, 1990-1991
- Residency Training: Cardinal Santos Medical Center, Obstetrics and Gynecology, 1991-1995
- Fellowship: University of the Philippines, Philippine General Hospital, Reproductive Endocrinology and Infertility, 1998-1999

UNDERGRADUATE

■ BS Biology- University of the Philippines, 1983

VI. SCIENTIFIC PAPERS WRITTEN:

- Retrospective Review of Diagnosed Cervical Incompetence and Ultrasonographic Evidence of Inevitable Abortion at the Cardinal Santos Medical Center: Case Series
- Case Report of Rare True Hermaphroditism with Mosaicism on Chromosomal Analysis: The First in the Philippines?
- Pathophysiology of Striae Gravidarum and Its Innovative Treatment with Phytolastil Gel.
- Validity of performing a 50-gram OGTT in screening for Gestational DM among Pregnant Filipino Patients at the CSMC Out-patient Clinic

- Prospective Cohort Study of the Local and Systemic Effects of Vaginal Estriol in Patients Complaining of Dyspareunia in the Menopause
- Predictive Factors of Successful Surgical Sperm Retrieval in Men with Azoospermia: A Single-Center Experience. Delivered at the ASRM Convention in Boston, Massachusetts 2013. Co-author with Novero VM, Lusaya, DD and Gamilde, A.
- Estradiol, Progesterone and Estradiol:Progesterone Ratio as Predictive Factors in Antagonist Cycle IVF Across All Age Groups. Co-Author with Novero, VM, Manalo, EM, Aguilar, AS, Fernandez, JM and Limson, MC.
- Contributing Author: Clinical Practice Guidelines and Male Infertility Clinical Management POGS and PSRM 2015 and 2021 editions

VII. SCIENTIFIC LECTURE'S DELIVERED IN SPECIALTY FORA

- Infertility for You: Midwives at the Frontlines Integrated Midwives Association of the Philippines Annual Convention 2000, Central Luzon
- Controlled Ovarian Hyper-stimulation Protocols for Intra-uterine Insemination Cycles PSREI Annual Convention Seminar Workshop, September 2003
- In-Depth Understanding of the Semen Analysis
 - Penta Medical Group of Hospitals (PENTAMED) Annual Post-Graduate Course, June 3, 2004
- Polycystic Ovarian Syndrome: Its Relevance to Assisted Conception IFFS-PSREI Joint Scientific Meeting October 6, 2005
- GnRH Analogues in Controlled Ovarian Hyperstimulation Protocols.
 Philippine Obstetrical and Gynecological Society Annual Convention, Philippine International Convention Center, November 2005
- Male Factor Infertility Investigation
 - Philippine Obstetrical and Gynecological Society, Central Luzon Chapter, Sponsored Forum Lecture, San Fernando, Pampanga, March 20 2006
- Infertility Screening and Pre-Stimulation Work-up, March 2006
- Infertility Arising from Genital Infections in the Male, Philippine Obstetrical And Gynecological Society-Sponsored Lecture for the Generalists, June 2006
- GnRH Agonists: Medical Management of Endometriosis in the Pre-stimulation Phase of an In Vitro Fertilization Cycle, PSREI outreach lecture series 2007, Central Luzon. Holiday Inn, Clark, Pampanga
- PSREI Endometriosis Consensus Statement: Endometriosis and Infertility, Discovery Suites Pasig City, May 2009
- PSREI Polycystic Ovarian Syndrome Statement: PCOS and Infertility, Discovery Suites Pasig City May 2010
- Work-up of the Infertile Female. PSREI Workshop, Davao City July 2011
- Abnormal Uterine Bleeding: The FIGO Criteria. PSREI Workshop, Davao City, July 2011
- Advances in the Management of Male Infertility, Philippine Obstetrical and Gynecological Society Annual Convention, Philippine International Convention Center, November 2011
- Polycystic Ovarian Syndrome and Infertility. PSREI Workshop, Baguio City, November 2011
- Pelvic Infections and Its Impact on Reproduction, PSREI Midyear Convention 2012
- Principles of Electrosurgery. PSGE-AUF Laparoscopy and Hysteroscopy Hands-On Course, Angeles City, September 2012
- Obesity: Its Impact on the Management of Infertility, POGS Annual Convention 2012
- Predictive Factors of Successful Surgical Sperm Retrieval in Men with Azoospermia: A Single-Center Experience. Delivered at the ASRM Convention in Boston, Massachusetts 2013. Co-author with Novero VM, Lusaya, DD and Gamilde, A.
- The Conduct of Oocyte Harvest: Video Presentation PSREI Annual Convention IVF Workshop 2014
- Optimizing IVF Outcomes by Individualized Patient Approach, Sukhomvit Hotel, Bangkok, Thailand, June 3-4, 2017
- Joint POGS-PSRM Forum on Infertility, Fontana Resort, Clark Zone, Pampanga, June 30, 2017
- BSV Webinar HP-HMG vs Recombinant FSH: an Update on the Evidence, May 15, 2020
- PSRM IVF Series: Endometriosis and IVF, Surgical and Medical Adjuvants for patients with Endometriosis during IVF, August 7, 2020
- PSRM Webinar: Non-Oncologic Fertility Preservation and Ovarian Stimulation in Breast Cancer Patients, March 30, 2021
- PSFP Webinar: Ovarian Stimulation in Breast Cancer Patients, March 30, 2021

- PSRM Webinar: Role of Supplements in Male Infertility, June 10, 2021
- Philippine Society for Fertility Preservation CME: Ovarian Tissue Cryopreservation: What, When and How, August 29, 2021
- Philippine Society for Fertility Preservation CME: Treatment Algorithms in Fertility Preservation: Pediatric and Surgical Cancers, September 10, 2021
- PSRM Annual Convention: Concerns, Controversies and Challenges in Reproductive Medicine, 17-18th of September 2021;
- Philippine Society for Fertility Preservation Annual Congress: Fertility Preservation 101:
 From Basics to State of the ART, Sept 21, 2021
- MedEthix Symposium: Letrozole and its role in the management of male infertility, April 20, 2022
- Asia-Pacific Initiative on Reproduction (AsPIRe) Webinar: How to Improve the Clinical Outcome of Male Infertility with Abnormal Spermatogenesis, October 30, 2021
- PHRel Talks 2022: Public Health and Beyond: A Movement through the Dimensions of Public Health, Ateneo de Manila University, February 5, 2022
- PSFP Webinar Series: Effects of Radioactive Iodineon Ovarian Reserve: Ovarian Stimulation After Radioactive Iodine, July 29, 2022
- PSRM Annual Convention: Present and Future Horizons in Reproductive Medicine, September 9, 2022
- PSFP Webinar Series: Improving Implantation in IVF: Atosiban and the Oxytocin Receptor, September 16, 2022
- POGS Annual Convention Twilight Symposium: Male infertility and its management, November 2022