

Prof. Dr. Jaideep Malhotra

MD, FICOG, FICS, FIUMB, FMAS, FRCOG, FRCPI, FICRM

A pioneer in women's health for over three decades, a dedicated obstetrician, super specialist in infertility, an ace sonologist, and an eminent speaker in national & international arena on all possible facets of Obs & Gyn. She graduated and post graduated from the Aligarh Muslim University, one of the premier institutions in the country and has had a wonderful educational journey along with being the **best National Medical Sports woman** during her medical career.



Dr Jaideep Malhotra has been practising obstetrics in the city of Agra since 1986 and has delivered over 12500 babies. Her passion for Safe Motherhood led her to work on Pregnancy problems & addressing them in the 9-month window of opportunity and she has given the call of **Adbhut Matrutva (Incredible Motherhood)**.

She is one of the very few in the world to be conferred Honorary Fellowships of both Royal College of Obstetrics and Gynaecology of (UK) (**FRCOG**) and Fellowship of Royal College of Physicians (Ireland (**FRCPI**)).

She has recently awarded with Honorary Fellowship of Indian College of Reproductive Medicine (FICRM) in Feb 2024 by ISAR (Indian Society for Assisted Reproduction).

She is the only gynaecologist in the world to **head 6 professional organizations** and is the president elect of 7th (**Indian Society of Aesthetic and Regenerative Gynaecology**) **InSARG**. Also is the **first woman President of ASPIRE** (Asia Pacific Initiative in Reproduction), and her contributions in developing the **ASPIRE standard of minimum care statement** and accreditation of ART centres in Asia Pacific, along with the development of **ISAR-ASPIRE fellowship courses** have been well appreciated all over the world.

She is the Regional Director for South East Asia for Ian Donald School of Ultrasound and one of the earliest proponents of the school in India.

She is immediate Past Chair of the **FIGO Reproductive Medicine, Endocrinology & Infertility Committee** and has worked relentlessly in developing the **FIGO Position Statement on Fertility Preservation** and also reaching out to fraternity all across with the innovative masterclass series for the first time in FIGO. She is also actively involved in many FIGO projects. She has been a very active member **FIGO Environmental Health Committee and Past Member of FIGO Working Group on RDEH (Reproductive & Developmental Environmental Health) / C2TE2.**

She is also member of Accountability Group of PMNCH (WHO) (Partnership for Maternal, Newborn & Child Health) and has contributed immensely in developing Position Statements and launch of Born Too Soon Report, Respectful Care, and now on 1.8 B Adolescent Health Campaign.

In 2018 January, Dr Jaideep Malhotra took over as President of **FOGSI (Federation of Obstetrics and Gynaecological societies of India)** which has 36000 members in 250 societies and had given the slogan **"Give her wings and let her soar"** where **HER** stands for **Health, Empowerment and respect** for the women of our country, with **QED** ie **Quality, ethics and dignity** for doctors and besides the hundreds of CME's, Dr Jaideep has initiated major heart touching projects this year, which have been very thought provoking and have a long term impact on reducing the to stress on the fraternity and building up doctor patient relationship.

As the Past President of Indian menopause society, she launched Club 35 plus for educating women on life after 35 years and she is past president of **South Asian Federation of Menopause societies and working on sensitizing women all over the region on geriatric health.**

She is Past **President of Indian Society of assisted reproduction** and **Indian Society of Prenatal Diagnosis and Therapy** and working on streamlining ART practice in the country by making guidelines and consensus statement for uniform practices.

Dr Jaideep has really worked towards patient awareness throughout her life by creating a lot of educational videos and giving many lectures to public. She firmly believes that awareness will lead to better access and prevention of various diseases. She has made many powerful films like on **Gali Mein Dhak (Population stabilisation)** and **Meri Marzi (on Contraception)**, **Main Banjh Nahi Hu (on Infertility)**, **Doshi Kaun (on Patient-Doctor Relationship)** & **Adbhut Matrutva (Incredible Motherhood)** which has recently bagged **Special Jury Award at Lucknow Film Festival**.

Two of these films will also be screened during the FIGO Conference 2023 at Paris in October.

She **edits two journals** for the **SAFOG** and the **SAFOMS** and is on the editorial board of **ASPIRE** and many other journals. She has authored and co-authored many books and written chapters for over 37 books. The outstanding best sellers of these are the **MALHOTRA step by step series which are being published in various languages** and **Managing infertility in low resource for AFOG**.

She takes her corporate and social responsibility very seriously, which led to the inception of **SMRITI** a NGO, which has been working towards the **upliftment of women** and save the girl child, the **“Beti Bachao, Beti Padhao”** drive in Uttar Pradesh from the year 2000. Under the able leadership of Dr. Jaideep Malhotra & Dr. Narendra Malhotra the NGO SMRITI is in the dreams of **adopting 1 lac girls** by taking care of their educational & medical requirement. During the COVID Pandemic, Dr Jaideep offered her services without break to the women of Agra and was awarded Corona Warrior prize also.

The slogan **“Beti Bachao, Beti Padhao”** (Educating the Girl Child) was given by FOGSI in 2008 and **“Chalo Gaon Chalein”** (Let us go to villages) was the call given under this banner as a massive awareness campaign, **“Bharat Jagruti Yatra”** was organised by Dr Jaideep Malhotra in 2008 under then FOGSI President Dr Narendra conducted on women’s’ health across the length & breadth of India.

Her contributions in the field are not limited to India, she has worked untiringly in empowering fraternity from neighbouring countries and has established the first ART centre of Nepal and supporting and training centres in Bangladesh and in three Medical colleges in India and She also is advisor to these and is responsible for more than 20,000 babies all across India and neighbouring countries.

She is a recipient of many awards nationally and internationally, including the **Nepal samman** from the **Health minister of Nepal** twice for producing first IVF babies of Nepal.

Well versed and adept with the use of technology, Dr Jaideep Malhotra has designed & floated an app called **iMumz – A Pregnancy Companion**. This app addresses pregnancy care and parenting and is based on the theory of first thousand days in a baby's life, with incorporation of ancient culture of **“Garbh Sanskars”**, Yoga, Meditation, Diet, Nutrition, Baby-Bonding along with the concept of foetal origin of adult diseases. This app was awarded the Best indigenously designed app in India in the **Prime Minister AatmaNirbharApp Challenge Award**. This app iMumz is available on Google Play Store for Pregnancy Care and Parenting and is helping more than 500K women in making the journey smooth with keeping in mind fetal origin of adult diseases & building healthier future generations and has many positive outcomes.

Dr Jaideep Malhotra also initiated an all-woman’s **Rotary Club of Agra GRACE** in 2021 and as president of the club she led for working towards the health, overall development not only for the services for the society but also contributing towards the betterment of the environment. With Rotary club and her hospital support, she has adopted two nearby villages for women’s health and empowerment initiative and is educating and providing vocational training to girls along with looking after their health.

She is a great mix of experience and innovation, moving hand in hand for the best care of the women at large not nationally but globally.